



# Maine SURVIVOR OUTREACH SERVICES

Strength  
*built on*  
Sacrifice

November 2012

Volume 3, Issue 4

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*Hello to all.*

*Well I must say this summer was a very busy one with many events happening throughout the State. I had the opportunity to meet many of you that I have never met before and it was my absolute honor. Check out the next couple of pages for past events and pictures.*

*I want you to know that I am here for you, to be your advocate, your support, your researcher, your confidant and your connection to the Military for as long as you desire. You are part of our Family and I am proud to honor your Servicemember and you.*

*If you know of fellow Survivors that have not been contacted by SOS, please let me know. They may be in your neighborhood, your friend or a family member. Call or email me and I can help get them connected!*

*Fall is here and Winter is fast approaching. Soon many holidays will be upon us, so I send warmest wishes for a safe holiday season. The next time I send this newsletter it will be 2013. I wish you all a warm Thanksgiving, a Merry Christmas and a new beginning to a new year.*



**TO RECEIVE NEWS AND UPDATES FASTER**  
Send me or call me with your email address at [rachel.n.bosse.ctr@mail.mil](mailto:rachel.n.bosse.ctr@mail.mil) or 207-430-5959

**Upcoming Events**

- Nov 11—Veterans Day
- Dec 9-Wreaths Across America
- Dec 25—Christmas
- Jan 1, 2013—New Years Day
- Feb 3, 2013—Superbowl
- May 12, 2023- Mother's Day
- May 18, 2013—Fundraiser House in the Woods in Lee
- May 27, 2012—Memorial Day
- June 22, 2012- Run for Cash 5K



*To those of you who are hunters, good luck may you get the big one. Be safe, know what you're shooting at, wear orange and always think safety.*

***Please take note of my new email: [rachel.n.bosse.ctr@mail.mil](mailto:rachel.n.bosse.ctr@mail.mil), it will still come to me with the old email but eventually that one will go away***

## Dedication of Battlefield Cross Monument

A bronze and granite Battlefield Cross monument will be dedicated to all Maine Veterans who have served or died defending our freedom, wherever they now rest. It will stand at the Mount Vernon Road Veterans Memorial Cemetery in Augusta, on a knoll by the main entrance, welcoming family, friends, and visitors as they enter.

The ten-foot monument will be unveiled and dedicated to all Maine Veterans on Veterans Day, Sunday November 11th at 2 p.m. The ceremony will be held at the Mount Vernon Road Veterans Cemetery, 163 Mount Vernon Road, Augusta.

The Battlefield Cross is a memorial that has come to be associated with military loss, and is a deeply touching and solemn sight. The cross is created by a standing rifle driven into the ground by the bayonet, representing the service member killed in action, the empty boots represent the final march of the last battle. Surviving members of the squad gather around the tribute to pay respects to their Fallen comrade.



The monument is an eight-foot tall bronze Battlefield Cross resting on a two-foot high Maine granite base, with an engraved bronze plaque which reads "All Gave Some, Some Gave All." The plaque has the seals of all five military branches; Army, Navy, Air Force, Marines, and Coast Guard, representing that the monument is dedicated to all Maine Veterans, of all branches, from all conflicts.

The dedication ceremony is open to the public, and all are invited and welcomed. For more information about the Battlefield Cross Fundraising project go to: [www.mevetscemetery.org](http://www.mevetscemetery.org)

### Wreaths Across America 9-15 December 2012

**GOLD STAR FAMILIES.** A bus has been sponsored for this year's trip to Arlington Cemetery for the Wreath Laying Ceremony. There is no cost to ride the bus, however, each person will be responsible to make and pay for their own hotel reservations. There will be many stops along the way during this week long trip. The bus leaves Sunday Dec. 9th, returning on the 15th. For information on bus pickup and drop off please **contact Bunny O'Leary Co-Coordinator Wreaths Across America Escort at 1-877-385-9504 ext 503; or email: [bunny@wreathsacrossamerica.org](mailto:bunny@wreathsacrossamerica.org)**



Lorna Harris, mom of SPC Dustin Harris with her father, Jimmy Troutt at Arlington Cemetery Wreath Laying (2011)

See Hotel Schedule and the book by dates in red

#### SUNDAY DECEMBER 9, 2012

Hilton Garden Inn                    207-828-1117  
145 Jetport Blvd                    \$86.00 includes breakfast  
Portland, Me                            **BOOK BY NOV 15**

#### MONDAY DECEMBER 10, 2012

Hampton Inn                            774-221-0055  
736 Southbridge St                \$105.00 includes breakfast  
Auburn, Mass                         **BOOK BY NOV 15**

#### TUESDAY DECEMBER 11, 2012

Holiday Inn Express                845-896-4001  
21 Schuyler Blvd                    \$109.00 includes breakfast  
Fishkill, NY                            **BOOK BY NOV 15**

#### WEDNESDAY DECEMBER 12, 2012

Hampton Inn                            609-298-4000  
2004 Route 26                        \$99.00 includes  
breakfast  
Bordentown, NJ                       **BOOK BY NOV 15**

#### THURSDAY DECEMBER 13, 2012

Hampton Inn                            302-378-5656  
117 Sand Hill Dr.                    \$85.00 includes  
breakfast  
Middletown, DE                       **BOOK BY NOV 15**

#### FRIDAY DECEMBER 14, 2012

Holiday Inn College Park            301-345-6700  
10000 Baltimore Ave                \$85.00  
College Park, MD                      **BOOK BY NOV 15**



## Run for the Fallen

Run for the Fallen Maine is an organization dedicated to keeping alive the memory of our military heroes that gave their lives to protect our freedom since September 11, 2001. On Sunday August 19, 2012 the 5th run to honor our heroes was held. This was a 65 kilometer event with each kilometer being dedicated to the memory of one or more of our heroes that lived in Maine, had family from Maine or had some ties to our home State. The run was followed up with a free lobster bake and barbecue for both Survivors and runners.



Finish line of the 65 kilometer run from Ogunquit to Portland

Tom and Jane Zimmerman, family and friends at Run for the Fallen 2012 to honor their son, 1LT James Zimmerman



Start area in Ogunquit for the Run for the Fallen



John Mixon speaking to the families and runners at the end of the 65 kilometer run

## Brunswick Air Show Honors Gold Star Families

On August 24th, Gold Star Families attended the Great State of Maine Air practice show. We were seated in the Chalet area and lunch was provided by Subway free of charge. After the show we were able to go out on the Tarmac and meet with the crew of the United States Air Force Thunderbirds. Mrs Sandra



Troutt, Grandmother of SPC Dustin Harris had the officers of the US Air Force Thunderbirds sign the quilt that she created from 9-11-2001 and continues to work on for one day to hopefully have it displayed at ground zero in New York.

Dee House, mother of SGT Joel House was named Hometown Hero for the week and got a chance to fly in a fighter jet this same day. Thunderbird "One" flew in honor of SGT Joel House. Her husband-Paul House, son Luke and his son Joel T. House, who was named after his uncle also attended. Gold Star Families who attended were Michele Rose and her daughter Meghan; John Brainard; Patti Shannon and her finance Steve; Lorna and Scott Harris, Jimmy, Sandra, Todd and Jett Troutt; George and Jacqueline Tranchemontagne and their 3 grandchildren, Nicole, Owen and William; Martha and Garth Coleman; Chelsea McLain and her son, Owen, her mother, Brenda Freeman and Grandmother, Lucille Norris. A great big thank you goes out to Mr. Marty McMahan and Ms Suzanne Krauss from Midcoast Regional Re-development Authority for such an awesome day.

**7th Maine Marathon Tribute March** - On September 30th families gathered for a Dessert Buffet Social at the Stevens Avenue Armory in Portland prior to the march. They then were bused to a location where they met up with the Servicemembers, who had marched part or all of 26.2 miles to finish the last two miles to honor Maine Fallen Heroes and loved ones. After the march, the families were bused back to the Armory for a spectacular lunch, which was put on by Michelle Darveau and volunteers of the Family Program, Pam Payeur of the Wounded Warrior Legacy and Freeport Flag Ladies. Thank you to SFC Timothy MacArthur, SSG Jon Boubel and SFC Christopher Hopper for their help and assistance all day.



Servicemembers that marched all or part of 26.2 miles



PFC Buddy McLain's family



Lunch after the march at the Armory



SSG William Hassenflu's family



Freeport Flag Ladies—always there to support



MSgt Ryan Love's family



Gold Star Families and Servicemembers met at the last 2 mile marker to march together to the finish-line and honor the service and sacrifice of our Maine Fallen Heroes



Three of our great volunteers in charge of lunch. Michelle Darveau—Maine Family Program; Pam Payeur, Wounded Warrior Legacy and her daughter, and Rachel Bosse, Survivor Outreach Coordinator



Finish line of the Maine Marathon and Tribute March

### US Treasury Mandates Electronic Pay

Department of the Treasury has announced that all payments from the federal government must be made electronically and not by paper check beginning MAR 1, 2013. This means that if you receive your annuitant check by paper check, you will need to sign up for direct deposit. If you are one of the few still receiving your check by mail, DFAS will send you a notice in the next upcoming months. You can call DFAS Retired and Annuitant Pay Customer Care Center at 1-800-321-1080 or call me to fill out the direct deposit form. You will need your financial institutions routing number and your account number.

**Hiring Maine's Heroes**  
**Job Fair & Resource Expo**  
 November 14, 2012  
 10 am - 3 pm  
 Knights of Columbus Hall 2 Columbus Dr., Brunswick

**Over 40 Booths**  
 Filled with Job creators, Education & Workforce Partners, and valuable resources for job seekers & family members!

Graciously Sponsored By  
 DEXX LABORATORIES GENERAL DYNAMICS Bath Iron Works BE IN

Seminars Include:  
 11:00am - Resume & Cover Letter writing  
 Noon - Interviewing Skills  
 1:00pm - Mini TAP Class (Transition Assistance Program)

Attendee and Seminar Registration: [www.midcoastmaine.com](http://www.midcoastmaine.com)  
 Walk-ins are welcome, but space is limited. Registration is recommended.

Helping all veterans, including service members on active duty or in the Guard or Reserve component

areerCenter foodwill Southern Midcoast MAINE CHAMBER COASTAL COUNTY WORKFORCE CENTER

For questions or more information, contact: [events@midcoastmaine.com](mailto:events@midcoastmaine.com)

The Military Vacations for Families from Armed Forces Vacation Club (AFVC) is a "Space Available" program that offers military and other Department of Defense-affiliated personnel with the opportunity to enjoy vacations at popular destinations around the world - for the incredibly low price of just \$369\* USD per unit, per week.

Those eligible and their family and friends have access to spacious accommodations at more than 4,000 resorts, apartments, condominiums and homes in more than 100 countries.

The program is available to all **active and retired members of the Armed Forces**, Department of Defense employees and select civilian employees in military support roles. For more information go to <http://www.afvclub.com>.

Must be eligible ID Card Holder



The Maine Army National Guard Retiree Council has a website that has been established by the MEARNNG Retiree Council. If you want to receive the Retiree Newsletter send me your email address or write or fax your name and address to:

NEWSLETTER  
ATTN: MEARNNG Retiree Council  
Camp Keyes, Augusta, ME 04333

Check out the website at:  
[www.me.ngb.army.mil/resources/retiree](http://www.me.ngb.army.mil/resources/retiree)



THIS IS SEPARATE FROM ARMY ECHOES

**Army Echoes on line.** Sign up for the online version of the Army's Bulletin for Retired Soldiers and Families -- Army Echoes at <https://www.armyg1.army.mil/rso/e-echoes/e-form.asp?checked=true>



## Maine Survivor Outreach, Financial and Grief Counseling Services

### Survivor Outreach Services Coordinator

Rachel Bosse, Support Coordinator  
194 Winthrop Street, Camp Keyes  
Augusta, Maine 04333-0033  
(207) 430-5959 (desk)  
(207) 332-6804 (cell)  
Office Hours: 8:00 am—5:00 pm M-F

### Maine Personal Financial Counselor

Ms Gayle Rose Martinez  
22 Armory Road  
Augusta, Maine 04330  
207-465-5677  
PFC@gmail.com

### SOS Financial Counselor— Devens, Massachusetts

Erica Zeiger 978-796-3119  
Devons Reserve Forces Training Area  
Army Community Service  
20 Quebec Street, Unit 11  
Fort Devens, MA 01434  
erica.a.zeiger.civ@mail.mil

### Military and Family Life Consultant

Ms Luanne Rhoades  
(207) 210-3365  
22 Armory Road  
Augusta, Maine 04330  
luanne.s.rhoades@healthnet.com

### Behavioral Youth Coordinator

Stephanie Doughty  
(207) 505-0182  
22 Armory Road  
Augusta, Maine 04330  
stephanie.x.doughty@healthnet.com

NEWS from our Personal Financial Counselor, Ms GayleRose Martinez  
**Student Loans and Credit Resources** the State of Maine has just created  
two new resources:

- **Downeastern Common Sense Guide to Student Loans** and

- **Consumer Credit 101**

These comprehensive and easy read booklets are available through her office  
at 207-465-5677 or email [maine.pfc@gmail.com](mailto:maine.pfc@gmail.com). You can also contact the  
Dept. of Professional and Financial Regulation – Bureau of Consumer  
Protection 1-800-332-8529, [www.creditmaine.gov](http://www.creditmaine.gov). Soooo, if you have stu-  
dent loans or need some credit information these books might be just for you.

### GayleRose also offers up some good Holiday Shopping Tips

Determine How Much You Are Going to Spend

Make a List

Shop Early

Pay Cash

Keep It Simple – Less is More

### Alternatives to Expensive Purchased Gifts

Cooking

Personal coupons

Homemade crafts

Your time

Your talents

### DISCOUNTS, DISCOUNTS, DISCOUNTS

Stores that give military discounts—many stores don't advertise so you have to ask. Some  
stores offer discounts only at the owner's discretion—in other words never count on it, but  
definitely ask for it. (must have a valid military ID Card)

- Arby's—discount varies per location, simply ask and have a valid military ID

- Cabela's—10% discount

- Lowe's— 10% discount

- Christopher & Banks—10% discount

- Dicks Sporting Goods—discount varies, ask and have valid military ID

- Kohl's—15% off at participating locations

- Meineke—10% off parts in store only.

- Midas—10% discount

- Sam's Club—\$15.00 gift card when you become a member (tell them about the military)

- Subway—10% discount

- Texas Roadhouse restaurant—10% discount

- Check out GuideToMilitaryTravel.com—another great site for military families when  
traveling

## Chaplain's Corner

There are few tools more practical, more handy, more satisfying to use than a well-built knife. To be able to reach into a pocket or unsnap a belt sheath and produce a keen-edged blade to help you go about your chores is just really gratifying somehow. In fact, it's something of a rite of passage, or at least it used to be. I can remember as a kid swelling with pride whenever an adult would ask me, "Got your knife with ya?" and I'd open that little *Case* pocketknife my Grampa had given me and hand it over. And I would walk on air to hear a comment like "Jeez, that's sure sharp!" Truth be told, I still do.

Thing is, it can be quite a challenge to keep a knife sharp. The fact that they've come out with so many sharpening methods is evidence of this fact. They have ceramic sticks, and diamond stones, and grinders and special steels and little handheld contraptions. It's enough to make you wonder how they ever got along in the days of stones and strops. No matter what method you use, "foolproof" or not, sharpening well calls for some skill and diligence. Improper angling of the blade or too much coarseness or pressure, or improper technique in general can eat up a lot of time (not to mention metal) without any improvement of the edge.

You and I are not unlike that knife. Sometimes we are sharp; sometimes we are dull. We each take our nicks and get worn down. We each need time, attention, and patience on the part of the Edgemaker. Sometimes it's not very pleasant, all the removal of stock and the grinding, and it seems like our greatest trials dull us the most and leave us crying out for help. God Himself can and will come to our aid, but He often does His best work through other people. Proverbs 27:17 says, "*As iron sharpens iron, so one person sharpens another.*" And we each take our turn, sometimes being sharpened by another; other times doing the sharpening. We need each other and I believe our submission to the stone, as well as our helping our brother or sister out are BOTH pleasing to the Lord.

God Bless and Keep you all!

Chaplain Earl Weigelt  
Full Time Support Chaplain, MEARNNG

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Survivor Outreach Services  
194 Winthrop St, Bldg 7  
Camp Keyes, Augusta, ME 04333-0033

“Embracing and reassuring Survivors they are continually linked to the Army Family through a unified support program that enables them to remain an important part of the Army for as long as they desire”

### PHONE NUMBERS and WEB SITES

DFAS 1-800-321-1080—[www.dfas.mil](http://www.dfas.mil)

Tri-Care Support Specialist at Camp Keyes 207-430-5928

ID Cards, Camp Keyes, Augusta 207-430-5194

Martins Point Spec 1-800-431-0777 X4458

HealthNet-1-877-874-2273—[www.tricare.osd.mil](http://www.tricare.osd.mil)

VA Togus 1-800-827-1000— [www.va.gov](http://www.va.gov)

MilOneSource-1-800-342-9647-[www.militaryonesource.com](http://www.militaryonesource.com)

Tragedy Assistance Program-1-800-696-8277-[www.taps.org](http://www.taps.org)

Social Security Administration-1-800-772-1213-[www.ssa.gov](http://www.ssa.gov)

VA GI Bill - [www.gibill.va.gov/resources/student\\_handouts](http://www.gibill.va.gov/resources/student_handouts)



[Maine Survivor Outreach Services](#)  
and LIKE us!!

Army Wounded Warrior Advocate  
Mr. Harry Dumont  
(207) 430-5851 (Office)  
(207) 620-6175 (BB)  
[harry.dumont@us.army.mil](mailto:harry.dumont@us.army.mil)

### Gold Star Mothers

President, Maine Chapter  
Bethel Shields 207-782-7451  
[Blomsk@roadrunner.com](mailto:Blomsk@roadrunner.com)  
[www.goldstarmoms.com](http://www.goldstarmoms.com)

### Gold Star Wives Chapter *NeW in Maine*

Ms Amber Chisholm lost her husband AUG 2010 in Afghanistan and has moved to Maine from Missouri. She wants to start a Gold Star Wives Chapter in Maine. If you lost your husband while serving on active duty give her a call at 207-924-4315 or email her at [army-medic0789@hotmail.com](mailto:army-medic0789@hotmail.com). She wants to hear from you.

### Gold Star Dads-*NeW in New England*

Mr. John Brainard JR lost his son in May 2012 in Afghanistan. He is looking to start a New England Gold Star Dads Chapter. If you lost your son or daughter while serving on active duty call him at 207-314-5653 or email him at [trueknight77777@gmail.com](mailto:trueknight77777@gmail.com). He wants to hear from you.